MARIA LIBERATI - OFFICIAL PRESS KIT

Culinary Personality, Best-Selling Author & Host of The Maria Liberati Show
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QUICK FACTS & METRICS:

- 300,000+ Global Readers & Culinary Enthusiasts
- 348+ Broadcast Episodes of The Maria Liberati Show
- Winner of the International Gourmand World Cookbook Award (Best Foreign Cuisine, Italy)
- Author of 8+ Internationally Acclaimed Culinary & Lifestyle Titles
- Syndicated on Talk 860 WWDB-AM, Spotify, Apple Podcasts, and iHeartRadio

SHORT BIOGRAPHY (50 WORDS):

Maria Liberati is a Gourmand World Award-winning cookbook author, celebrity chef, and host of the acclaimed podcast The Maria Liberati Show. Former international fashion model turned culinary icon, she translates authentic Italian food heritage, sustainable ingredients, and the art of joyful living for hundreds of thousands of global home cooks and travelers.

STANDARD EDITORIAL BIOGRAPHY (150 WORDS):

Maria Liberati is an internationally celebrated food and lifestyle personality, bestselling cookbook author, and host of The Maria Liberati Show. Described as the 'Italian Martha Stewart,' she began her career on European fashion runways before returning to her family's culinary roots in Abruzzo and Umbria. Her groundbreaking book series, The Basic Art of Italian Cooking, received the prestigious Gourmand World Award in Paris and has inspired a dedicated global community of readers.

A sought-after media guest and keynote speaker, Maria frequently appears on national television and radio programs, sharing culinary wisdom, sustainable lifestyle tips, and the rich cultural heritage of Italian regional gastronomy. Her podcast reaches listeners across dozens of countries, exploring the intersections of food, wine, wellness, and storytelling with world-renowned chefs, winemakers, and cultural visionaries.

MEDIA CONTACT & INQUIRIES:

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